第８講　頻出英語長文演習⑧

ポイント

【1】追加の発見
【2】対比の発見①
【3】対比の発見②

＊次の英文を読んで，下記の設問に答えよ。

Dream *interpretation, something people do to give meaning to dreams, is not a new idea. In many ancient societies, such as those of Greece and Egypt, dreams were given meaning, and dreams were also believed to be a kind of magic or *supernatural force, a way to communicate with or to receive messages from spirits or the gods. There are many famous people, like Plato, Shakespeare and Napoleon, throughout history who have tried to understand the meaning of their dreams.

Another famous person who thought about dreams was Sigmund Freud. He was a doctor who developed his ideas over one hundred years ago. He helped people with mental and emotional problems by talking to them about their dreams and memories. He believed that dreams *contained (a) universal symbols, which have the same meaning for people all over the world. Sigmund Freud’s theory about dream symbols is not very commonly used to treat people today. However, we can still find several books or resources on the Internet, including dream-dictionaries, where you can look up a certain symbol and read about what meaning that particular symbol might have.

*interpretation 解釈　　*supernatural 超自然的な　　*contain 含む

NOTE

For example, if you see a cat in your dream, it can be a symbol of creativity and power, but it can also represent bad luck, depending on whether you like cats or not. A cat can also indicate that someone is talking about you (b) behind your back or is going to *betray or hurt you. On the other hand, if you see a colorful bird singing, you are in luck. A singing bird is a sign that something good will happen. However, be careful if the bird you are dreaming about is in a *cage; it could indicate that you do not have enough freedom in your life. If you feed the bird you see in your dream, it is a sign that you will receive money in the near future.

Some people think that if you（ c ）your dreams, you can find answers to questions, know between right and wrong, or become a better person. However, in order to give meaning to your dreams, you need to remember them. Many people（ d ）that they do not dream at all. This is not true since all people dream. However, for many people, it is hard to remember their dreams. If you would like to remember your dreams better, tell yourself before you fall asleep, "I have to remember what I dream tonight." Another thing that could help is to keep a dream diary near your bed and record whatever you can remember of your dreams. Keep still upon waking and think first of what you were just dreaming before writing. To remind yourself that you want to remember your dreams, read through your dream *journal just before you go to bed. Learning to remember your dreams may seem difficult at first, but if you（ e ）, you will almost certainly succeed.

*betray 裏切る　　*cage 鳥かご　　*journal 日誌

[東洋大学　入試問題]

NOTE

問１　下線部を日本語に訳しなさい。

問２　パラグラフ１の内容と一致するものを，次の中から一つ選べ。

① People who interpreted dreams had special powers.

② When we give meaning to our dreams, magical things can happen.

③ Spirits and gods may have communicated with people through dreams.

④ A few famous historical people have tried to interpret their dreams.

問３　パラグラフ２の下線部（a）に最も意味の近いものを，次の中から一つ選べ。

① Symbols that occur in outer space.

② Symbols connected to the moon, planets and stars.

③ Meaningful images that exist everywhere on earth.

④ Meaningful images that have existed since the beginning of time.

問４　パラグラフ３の下線部（b）に最も意味の近いものを，次の中から一つ選べ。

① without your knowledge　② walking two steps behind

③ in a very quiet voice　④ in a violent way

問５　パラグラフ４の空欄（　c　）～（　e　）に入る語として最も適切なものを，次の中から一つずつ選べ。

(c) ① interpret　② interrupt　③ transform　④ translate

(d) ① confuse　② deny　③ insist　④ judge

(e) ① assist　② exist　③ persist　④ resist

問６　夢を覚えておくために，しない方がいいと勧めていることを，次の中から一つ選べ。

① Keep a dream journal next to your bed.

② Write your dreams down as soon as you wake up.

③ Remind yourself to remember your dreams.

④ Review your dream diary before sleeping.

高１・高２　トップ＆ハイレベル英語〈長文編〉　復習テスト　第八回

＊次の見出し語（句・文）に合う選択肢を選びなさい。

1. interpretation

① 議会　② 会議　③ 解釈　④ 回避

2. receive

① 逃げる　② 戦う　③ 支える　④ 受け取る

3. contain

① 含む　② 示す　③ 議論する　④ 理解する

4. universal

① 消極的な　② 否定的な　③ 普遍的な　④ 積極的な

5. resource

① 必要性　② 資源　③ 意義　④ 基本

6. look up

① 調べる　② 軽蔑する　③ 探す　④ 見る

7. represent

① 励ます　② 表す　③ 勧める　④ 関係する

8. betray

① ほめる　② 尊敬する　③ 後悔する　④ 裏切る

9. remind

① 思い出させる　② 報告する　③ 依頼する　④ 遠慮する

10. certainly

① おそくに　② すぐに　③ 確実に　④ 上手に

NOTE

高1・高2　トップ&ハイレベル英語〈長文編〉 第8講　解答

＜解答＞

問１　全訳の下線部を参照。

問２　③　　　　問３　③　　　　問４　①

問５　(c) ①　　(d) ③　　(e) ③

問６　②

＜全訳＞

夢解釈とは，人々が夢に意味を与えるためにやることであり，新しい考えではない。多くの古代社会，例えばギリシャやエジプトなどで，夢に意味が与えられて，夢は一種の魔法のような超自然的な力，すなわち精霊や神々と意思疎通したり，メッセージを受け取ったりする手段であるとも信じられていた。例えばプラトン，シェイクスピア，ナポレオンのように，歴史上どの時代にも，夢の意味を理解しようとしてきた多くの著名な人物がいる。

夢について考えを巡らせていたもう一人の著名な人物が，ジークムント・フロイトだった。彼は 100 年以上前に自分の思想を発展させた医者であった。彼は，人々が見た夢や記憶について話すことで，彼らの精神的・感情的問題を改善する手助けをした。彼は，夢には普遍的な象徴があり，それは世界中の人にとって同じ意味を持つと信じていた。ジークムント･フロイトの夢の象徴に関する理論は, 今日では人を治療する際, あまり一般的に使用されてはいない。しかしながら，今でも私たちはインターネット上で，夢辞典などいくつかの本や資料を見つけることができる。夢辞典では，ある象徴を調べて，その特定の象徴がどんな意味を持っているかについて読むことができる。

例えば，もしあなたが夢で猫を見るなら，それは創造性や権力の象徴ではあるのだが，それはあなたが猫が好きかどうかによっては，不運を表すこともある。猫はまた，誰かがあなたのいないところであなたのことを話していることや，あなたを裏切ったり傷つけたりしようとしていることを示している。一方で，あなたが色鮮やかな鳥がさえずっているのを見るなら，幸運だ。さえずっている鳥は，良いことが起きるサインだ。しかしながら，もし夢で見た鳥が，鳥かごの中にいるなら，注意しなさい。それは，あなたの生活に十分な自由がないことを示している可能性がある。もしあなたが夢で見る鳥にえさを与えているなら，それは近い将来お金を受け取るサインだ。

人々の中には，もし自分の夢を解釈できるなら，疑問に対する答えが見つかったり，

善悪の区別ができたり，より良い人になれたりすると考える人もいる。しかし，夢に意味を与えるためには，夢を覚えておく必要がある。多くの人は，夢を全く見ないと言い張る。人は夢を見るので，これは正しくない。しかしながら，多くの人にとって，夢を覚えておくことは難しい。もしあなたが夢をよりはっきりと覚えておきたいなら，眠る前に自分にこう言いなさい。「私は今晩夢で見たことを覚えておかなければいけない。」と。役に立つであろうもう一つのことは，ベッドの近くに夢日記を置いておき，夢に関して思い出せることは何でも記録することだ。起きたらじっとしたまま，書く前にちょうど今何を夢に見ていたのかをまず考えなさい。夢を覚えておきたいのだということを思い出すために，寝る直前に，あなたの夢日記にざっと目を通しなさい。夢を覚えておけるようになることは，初めは難しく思えるかもしれないが，もし続けていれば，ほぼ確実に成功を収めるだろう。

第８講　重要語彙リスト　　＊一つ一つ何度も繰り返して，覚えてください

1	interpretation	解釈
2	ancient	古代の
3	a kind of	一種の〜
4	force	力
5	communicate with	〜と意思疎通する
6	receive	受け取る
7	spirit	精霊
8	throughout	〜の間じゅう
9	mental	精神的な
10	emotional	感情的な
11	contain	含む
12	universal	普遍的な
13	symbol	象徴
14	commonly	一般的に
15	treat	治療する
16	including	〜を含んで
17	look up	調べる
18	certain	ある
19	particular	特定の
20	creativity	創造性
21	represent	表す
22	depending on	〜次第で
23	indicate	示す
24	behind one’s back	背後で
25	betray	裏切る
26	hurt	傷付ける
27	on the other hand	一方で
28	sign	しるし
29	cage	鳥かご
30	freedom	自由
31	in order to do	〜するために
32	fall asleep	眠る，眠りにつく
33	whatever	〜するものは何でも
34	journal	日誌
35	learn to do	〜するようになる
36	at first	はじめに
37	certainly	確実に

第８講　音読用白文　①　②　③　④　⑤　⑥　⑦　⑧　⑨　⑩

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復習テスト　解答

<第八回>

1. ③	2. ④	3. ①	4. ③	5. ②
6. ①	7. ②	8. ④	9. ①	10. ③